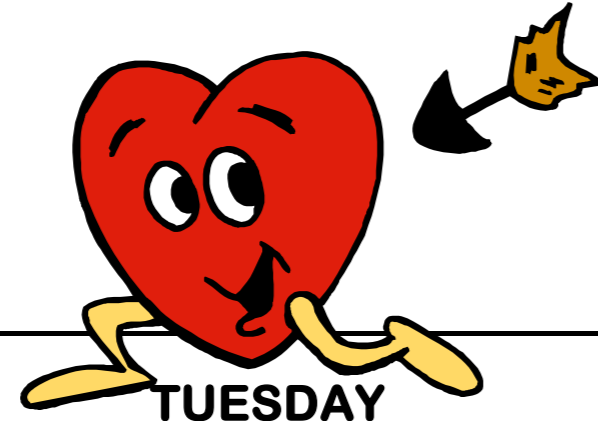



February 2012



**WOLCOTT SCHOOL LUNCH
TYRRELL MIDDLE SCHOOL**



MILK \$.50
LUNCH \$2.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6-Feb</p> <p><u>CHOOSE 1 ENTRÉE</u> CHICKEN NUGGETS /DIPPING SAUCES Served with BOWTIE NOODLES FRENCH BREAD PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: CARROTS FRESH OR CAN. FRUIT/JUICE</p>	<p>7</p> <p><u>CHOOSE 1 ENTRÉE</u> MINI PANCAKES WITH SYRUP SAUSAGE PATTIE STUFFED CRUST PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: HASH BROWN FRESH OR CAN. FRUIT/JUICE</p>	<p>8</p> <p><u>CHOOSE 1 ENTRÉE</u> HONEY BBQ RIBIQUE ON A STEAK ROLL FRENCH BREAD PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: OVEN ROASTED POTATOES FRESH OR CAN. FRUIT/JUICE</p>	<p>9</p> <p><u>CHOOSE 1 ENTRÉE</u> CHILI CHEESE FRITOS TORTILLA CHIPS / CHEESE SAUCE STUFFED CRUST PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: BROCCOLI FRESH OR CAN. FRUIT/JUICE</p>	<p>10</p> <p><u>CHOOSE 1 ENTRÉE</u> WOLCOTT PERFECT SCHOOL PIZZA CHEESE OR PEPPERONI CLAM STRIPS ON A BUN DELI BAR ASST. CHEF SALADS / MUFFIN <u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: GREEN BEANS FRESH OR CAN. FRUIT/JUICE</p>
<p>13</p> <p><u>CHOOSE 1 ENTRÉE</u> POPCORN CHICKEN BITES DINNER ROLL DIPPING SAUCES FRENCH BREAD PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: CORN FRESH OR CAN. FRUIT/JUICE</p>	<p>14</p> <p>Happy Valentine's Day</p> <p><u>CHOOSE 1 ENTRÉE</u> FRENCH TOAST STICKS WITH EGG / CHEESE PATTIES & SYRUP STUFFED CRUST PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p>S/M VALENTINE COOKIE</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: FRESH VEGGIES FRESH OR CAN. FRUIT/JUICE</p>	<p>15</p> <p><u>CHOOSE 1 ENTRÉE</u> FOOT LONG HOT DOG ON A BUN FRENCH BREAD PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: CURLEY FRIES FRESH OR CAN. FRUIT/JUICE</p>	<p>16</p> <p><u>CHOOSE 1 ENTRÉE</u> ROASTED TURKEY / GRAVY DINNER ROLL STUFFED CRUST PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: MASHED POTATOES FRESH OR CAN. FRUIT/JUICE</p>	<p>17</p> <p><u>CHOOSE 1 ENTRÉE</u> BREADSTICK DUNKERS MARINARA SAUCE MOZZARELLA CHEESE FRENCH BREAD PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: CARROTS FRESH OR CAN. FRUIT/JUICE</p>
<p>20</p> 	<p>21</p> 	<p>22</p> <p>ASH WEDNESDAY</p> <p><u>CHOOSE 1 ENTRÉE</u> TRIPLE DECKER TOASTED CHEESE SANDWICH FRENCH BREAD PIZZA DELI BAR</p> <p><u>CHOOSE 2 SIDES</u> SOUP: TOMATO FRESH OR CAN. FRUIT/JUICE</p>	<p>23</p> <p><u>CHOOSE 1 ENTRÉE</u> HAMBURGER ON A BUN WITH OR WITHOUT CHEESE STUFFED CRUST PIZZA DELI BAR</p> <p><u>CHOOSE 2 SIDES</u> VEG: SWEET POTATO FRIES FRESH OR CAN. FRUIT/JUICE</p>	<p>24</p> <p><u>CHOOSE 1 ENTRÉE</u> MOZZARELLA STICKS WITH MARINARA SAUCE FRENCH BREAD PIZZA DELI BAR</p> <p><u>CHOOSE 2 SIDES</u> VEG: BABY CARROTS FRESH OR CAN. FRUIT/JUICE</p>
<p>27</p> <p><u>CHOOSE 1 ENTRÉE</u> CHICKEN PATTIE / BUN STUFFED CRUST PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: CORN FRESH OR CAN. FRUIT/JUICE</p>	<p>28</p> <p><u>CHOOSE 1 ENTRÉE</u> FRIED DOUGH / SAUCE MOZZARELLA CHEESE CUP STUFFED CRUST PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: FRESH VEGGIES FRESH OR CAN. FRUIT/JUICE</p>	<p>29</p> <p><u>CHOOSE 1 ENTRÉE</u> CHICKEN CAESAR WRAP STUFFED CRUST PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: OVEN ROASTED POTATOES FRESH OR CAN. FRUIT/JUICE</p>	<p>1-Mar</p> <p><u>CHOOSE 1 ENTRÉE</u> PASTA WITH MARINARA SAUCE W/WO MEATBALLS STUFFED CRUST PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: GREEN BEANS FRESH OR CAN. FRUIT/JUICE</p>	<p>2</p> <p><u>CHOOSE 1 ENTRÉE</u> WOLCOTT PERFECT SCHOOL PIZZA DELI BAR ASST. CHEF SALADS / MUFFIN</p> <p><u>CHOOSE 2 SIDES</u> TOSSED SALAD VEG: CARROTS FRESH OR CAN. FRUIT/JUICE</p>

COMPLETE EACH MEAL WITH YOUR CHOICE OF A COLORFUL ASSORTMENT OF HIGH FIBER, VITAMIN PACKED FRESH VEGGIES AND FRESH FRUITS, OR CANNED FRUIT OR JUICE.

CHOICE OF NON-FAT OR LOW FAT WHITE MILK OR LOWFAT CHOCOLATE, LOW FAT STRAWBERRY OR LOW FAT VANILLIA MILK.

ALSO AVAILABLE DAILY - ASSORTED CHEF SALADS WITH MUFFIN, BAGEL PLATE AND PRETZEL PLATE BOTH COME WITH YOUR CHOICE OF (2) YOGURT, PEANUT BUTTER CUP OR CHEESE STICK

STUDENTS MAY PREPAY FOR LUNCH MEALS BEFORE CLASS BEGINS FROM 7:25AM TO 7:45AM.

WOLCOTT SCHOOL LUNCH HAS A "NO CHARGE POLICY"

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